

Catholic Charities Enterprises: DCOA Congregate Halal Meal Service - February 2015

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>Chicken LoMein Sugar Snap Peas Tossed Salad w/ Dressing Egg Rolls Duck Sauce 100% Apple Juice</p>	<p>3</p> <p>Meat Loaf Mashed Potatoes Asparagus Tossed Salad w/ Dressing Garlic Bread Margarine Banana, Fresh</p>	<p>4</p> <p>Meat Sauce Penne Pasta Vegetable Medley Romaine Salad w/ Dressing Garlic Bread Margarine 100% Grape Juice</p>	<p>5</p> <p>Teriyaki Chicken Rice Pilaf Green Peas Tossed Salad w/ Dressing Wheat Dinner Roll Margarine Tropical Fruit Cup</p>	<p>6</p> <p>Turkey Croissant Pasta Salad Lettuce and Tomato Harvest Salad w/ Dressing Croissant Mayonnaise/Mustard Packet 100% Orange Juice</p>
<p>9</p> <p>Smothered Chicken Macaroni and Cheese Peas Tossed Salad w/ Dressing Wheat Dinner Roll Margarine 100% Apple Juice</p>	<p>10</p> <p>Oven Fried Flounder Baked Beans Cabbage Tossed Salad w/ Dressing Corn Bread Margarine/Tartar Sauce Banana, Fresh</p>	<p>11</p> <p>Beef Stir Fry Rice Broccoli Romaine Salad w/ Dressing Spring Rolls Duck Sauce 100% Grape Juice</p>	<p>12</p> <p>Garlic Lemon Chicken Couscous Zucchini Tossed Salad w/ Dressing Wheat Dinner Roll Margarine Tropical Fruit Cup</p>	<p>13</p> <p>Tuna Sandwich Lettuce and Tomato Three Bean Salad Harvest Salad w/ Dressing Wheat Bread Mayonnaise/Mustard Packet 100% Orange Juice</p>
<p>16</p> <p>HOLIDAY</p>	<p>17</p> <p>Oven Fried Whiting Cole Slaw Yams Tossed Salad w/ Dressing Wheat Dinner Roll Margarine/Tartar Sauce Banana, Fresh</p>	<p>18</p> <p>Meat Sauce Spaghetti Vegetable Medley Romaine Salad w/ Dressing Garlic Bread Margarine 100% Grape Juice</p>	<p>19</p> <p>Salisbury Steak Roasted Red Potatoes Spinach Tossed Salad w/ Dressing Wheat Dinner Roll Margarine Tropical Fruit Cup</p>	<p>20</p> <p>Roast Beef Sandwich Lettuce and Tomato Cucumber Salad Harvest Salad w/ Dressing Wheat Bread Mayonnaise/Mustard Packet 100% Orange Juice</p>
<p>23</p> <p>Chicken Cacciatore Rice Greens Tossed Salad w/ Dressing Garlic Bread Margarine 100% Apple Juice</p>	<p>24</p> <p>Grilled Salmon Burger Lettuce, Tomato, Onion Vinaigrette French Fries Tossed Salad w/ Dressing Wheat Bun Tartar Sauce, Ketchup Banana, Fresh</p>	<p>25</p> <p>Sweet and Sour Chicken Fried Rice Broccoli Romaine Salad w/ Dressing Egg Rolls Duck Sauce 100% Grape Juice</p>	<p>26</p> <p>Curry Chicken Basmati Rice Carrots and Peas Tossed Salad w/ Dressing Wheat Pita Bread Margarine Tropical Fruit Cup</p>	<p>27</p> <p>Curry Chicken Wrap Lettuce and Tomato Carrot Raisin Salad Harvest Salad w/ Dressing Wrap Mayonnaise/Mustard Packet 100% Orange Juice</p>